

Howdy Everyone,

It's going to be a great year. I'm sure it will be full of challenges and changes. As we've told our kids when facing an obstacle we will: Adjust, Adapt, and Overcome. Our overall goal is to help your son be a better student/athlete who knows about hard work and that character counts. We want to help raise them right.

A few housekeeping items:

1. Physicals and Rank One: No one likes doing them, but they are required by law to be in athletics.
2. Portal Orders: They take about 5 weeks from the last day of ordering. They will be bagged for each student and sent here to Navo where we will pass them out.
3. Pre-Game Meals: see the slide later in the presentation.
4. Fundraisers: Up coming. They pay for weight room upgrades, new uniforms, etc. This year we were able to get more practice jerseys for basketball, track spikes for track and in the last 2 years we got new track uniforms and new basketball uniforms. Your generosity is so helpful so our kids have the uniforms and equipment needed to be successful.
5. Team/Individual Football Pictures- Friday September 17th. More information as we get closer.

Navo Boys Coaching Staff

1. Coach Telschow- Athletic Coordinator- QB's and DL, 7th Basketball, Track
2. Coach Treiber- Asst. Head Coach- RB's and OLB'ers, 7th Basketball, Track
3. Coach Brooks- OL and Secondary, 8th Basketball, Track
4. Coach Butenschoen- Receivers and ILB'ers, 8th Basketball, Track
5. Coach Zeiders- OL and DL- 7th Basketball, Track
6. Coach Moody- Receivers and Secondary, 8th Basketball, Cross Country, Track

Coaches Expectations

1. Your best is the standard.
2. Development of the whole student-athlete.
3. Create a positive, enthusiastic, and supportive atmosphere that builds confidence and character.
4. Hold our athletes accountable for their actions in athletics and in school.
5. Maintain an open line of communication with players and parents.

Academics- Eligibility and Tutoring

No pass/No play:

- *We have nine weeks grading cycles where a student can lose or regain eligibility.
- *EXCEPTION- the first 6 weeks progress report for DISD is like a report card for them so they can lose eligibility. Please maintain communication with their teachers.
- *Should they lose eligibility on a report card for failing any class they can regain it on the next progress report or report card.
- *They can never lose eligibility on a progress report. The first six weeks progress report is the only exception to that.
- *At the end of every report card/progress report it will be another week before they lose or regain it which is what is called a grace period in the event of absent work or grades of incomplete.

Tutoring:

- *We typically do not allow players to miss practice for tutoring.
- *7th graders can go to afternoon tutorials and 8th graders can go to before school tutorials.
- *IF they need to go- when we start playing games they can go after school on game days.
- *7th graders can go in the morning on the day after a game since we will not have practices that morning.
- *There will always be an exception to the rule, and we will handle that on a case by case basis in collaboration with their teachers.

Injuries and Athletic Training Information

Go to us first. We have trainers at the high school we can send them to for evaluation. Then the trainers will make the necessary recommendations. Physical therapy facilities are available there too.

Water

- * Planned water breaks
- * Water when needed
- * Drink plenty throughout the day

Philosophy of Playing Time and Team/Position Placement

Factors in determining your son's position and team assignment:

- *They get to try out for the position they want- that doesn't mean that's where you will end up.
- *What position gives you the best chance to get on the field?
- *What position gives your team the best chance for success?
- *We want you to play and to improve as the season goes on.

7th Grade Showers???

Yes, they will have the opportunity to shower before going to their next class. Whether they use them or not is up to them. Some of our kids started using wipes instead. We have 6 privacy showers with curtains to use. They will have adequate (but not a long time) time to shower, and they will need their own supplies. Please make sure their name is on those things so if/when they leave them out we can return them. Stick deodorant only.

Parent Communication:

- *24 Hour Rule- if you have a concern you'd like to share after a contest please email us and set up a meeting or a time to call you. After a game we have other responsibilities whether it's getting the kids back on the bus or getting equipment off the field, etc.
- *Coaches will talk about anything pertaining to our program except someone else's child.
 - *Please follow the chain of command should you have a grievance
 - **Please contact us first to clear up any misunderstandings.
 - ***For a lot of kids they are nervous their first year and will try to hide at the back of a line or not volunteer if we call for someone. It's hard to evaluate someone or for them to get more playing time if they are hiding. This is all part of the process so please call us if you have concerns. It's great when we all are working together to help your son be the best they can be.
- *We are all here to look out for and to do what we believe to be best for your child. Please trust that and know that we are all pulling in the same direction. If you need to discuss anything, please let us know. We can't solve any problems we don't know about.

7th Grade Practice Schedule

- *When we do practice it will be rain or shine. We will practice indoors if we are unable to go outside. So please make sure they have athletic shoes in their locker all year.
- *Until the first game- we will practice Monday through Friday- drop off at 6:30am at the parent drop off before school on the northside of the campus just past the very end of the building. You will see the trash dumpsters when you drop them off.
- *Game Weeks- **Game Day**- practice at 6:30, the day after any game all year they will come in at what we call 'School Time'. This means they will come to school like all the other students- going to their assigned location and waiting to be released to first period. They will not come to the back door.

8th Grade Practice Schedule

- *Until the first game- we will practice Monday through Friday- Pick Up at 5:00. Please be no later than 5:15.
- *Game Weeks: (exceptions- weeks where the 7th grade plays on Tuesday)
 - Monday- Released at the end of the school day. We have 7th grade games. Great day for tutorials!
 - Tuesday- Game Day- They do stay at school until we leave on the bus.
 - Wednesday- Practice after school until 5:00.
 - Thursday- Practice after school until 5:00.
 - Friday- Practice until 5:00(?). The time may change due to our Friday football duties for Braswell Football.

Gameday Schedule and Meals

Gameday Schedule:

- *Players are not allowed to leave campus after school on game days. We will meet in one of the gyms.
- *Ride on the bus to and from the games.
- *For logistical and monitoring reasons the 7th grade B team will be taken back to Navo at the end of their game. We also want to keep the number of kids in the locker room at one time down as well.

Pregame Meals:

- *We offer pre-paid meals from ChickfilA that you pay \$8/game= \$64 and we will pick up and distribute.
- *If you don't want to do that they can brown bag it or you can bring them a meal after school between 3:45 and 4:15 at the parent drop off/pick up area.
- *Please do not go to the front office at the end of the day because it will clog up the office and parking areas.

First Day of School/Practice:

Day 1- Thursday- school time only- we are doing the nuts and bolts, taking up paperwork and meal money.

Day 2- Friday- school time for CC and Ineligibles.

7th FB- 6:30am drop off at back,

8th FB- done by 5:00. Please pick them up by 5:15pm

What do I need?

Acclimation (10 Days)- Days 1-2: Helmet/Blacks, Days 3-4: Helmet/Shldr Pads, Day 5: Full pads- limited contact
Days 6- 10 Full contact allowed.

You supply- sock, underwear, girdles, black shorts, black shirt, cleats, running/athletic shoes

We supply- the rest.

Showering or wipes- your own supplies

Gaitors/Masks- Recommended- especially while in the locker room.

Water bottles- Required- we have water cows at practice for refilling.

They must complete the acclimation period before they can compete in their first game.

Panther Parents,

We haven't talked much about Covid going into this school year however there are a few things I want to communicate to you and remind you of. As many of you know, masks are not required this school year. You as parents can make that decision based on what you think is best for your child. We are obviously not in the clear like many of us thought we were going to be this year as the number of cases continue to rise. I know that people have different preferences when it comes to masks or no masks, vaccine or no vaccine. I'm certainly not here to push you one way or another, however I think we need to be aware of each individual situation and act accordingly. Please think hard about what is best for your child as pertains to those kind of decisions and have those conversations with them. Just like last year, my motivation is to make sure our kids to get to play all their games. Please help in monitoring your child's symptoms and please do not send them to school if they are experiencing ANY covid symptoms, especially a fever. I have no doubt we can navigate this season much like we did last year, but it will take all of us being proactive and aware of our surroundings in order to do so. If you have any questions, please let me know. We are off to a great start, and we are looking forward to a great year!

Please complete the acknowledgement form:

https://docs.google.com/forms/d/e/1FAIpQLSf2aYhjbbElcQwnY3-beQnMhzoDoGk1NB223we6Lj4rtbzsQ/viewform?usp=sf_link